



PART	THEME	WEEK	Week's Theme	 <b>The Lenten Fast “Our Spiritual Journey”</b>							Weekend The Savior’s Grace	
				<b>Weekdays: Daily Reading during the Great Lent</b>							Saturday	Sunday
				Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
I	Our STRUGGLE	1	<b>Preparation</b> February 28, 2022	<b>Reject Evil</b> <a href="#">Mk 9:33-50</a> <a href="#">Isa 1:2-18</a>	<b>Cleave to GOOD</b> <a href="#">Lk 12:41-50</a> <a href="#">Isa 1:19-31 &amp; 2:1-3</a>	<b>Love to give</b> <a href="#">Lk 6:35-38</a> <a href="#">Isa 2:3-11</a>	<b>Grow in Spirit</b> <a href="#">Mk 4:21-29</a> <a href="#">Isa 2:11-19</a>	<b>Pray and Submit</b> <a href="#">Lk 11:1-10</a> <a href="#">Isa 3:1-14</a>	<b>Be Perfect</b> <a href="#">Mt 5:38-48</a>	<b>Seek the Kingdom</b> <a href="#">Mt 6:19-33</a>		
		2	<b>Overcoming Temptation</b> March 7, 2022	<b>Always Pray</b> <a href="#">Lk 18:1-8</a> <a href="#">Isa 4:2-6 &amp; 5:1-7</a>	<b>Follow Christ</b> <a href="#">Mk 10:17-27</a> <a href="#">Isa 5:7-16</a>	<b>Assurance</b> <a href="#">Mt 15:32-38</a> <a href="#">Isa 5:17-25</a>	<b>Reject, give and follow</b> <a href="#">Mt 19:16-30</a> <a href="#">Isa 6:1-12</a>	<b>Build on Rock</b> <a href="#">Lk 6:39-49</a> <a href="#">Isa 7:1-14</a>	<b>Difficulties on the road</b> <a href="#">Mt 7:13-21</a>	<b>Temptation in the Wilderness</b> <a href="#">Mt 4:1-11</a>		
		3	<b>Repentance</b> March 14, 2022	<b>Confession</b> <a href="#">Lk 11:33-36</a> <a href="#">Isa 8:13-22 &amp; 9:1-7</a>	<b>Righteousness</b> <a href="#">Jn. 8:31-39</a> <a href="#">Isa 10:12-20</a>	<b>Temptations</b> <a href="#">Lk 4:1-13</a> <a href="#">Isa 9:9-21 &amp; 10:1-4</a>	<b>Judgment</b> <a href="#">Jn. 12:44-50</a> <a href="#">Isa 11:10</a> <a href="#">12:2</a>	<b>Faithfulness</b> <a href="#">Mk 11:14-26</a> <a href="#">Isa 13:2-13</a>	<b>Forgiveness</b> <a href="#">Mt 18:23-35</a>	<b>The Prodigal son</b> <a href="#">Lk 15:11-32</a>		
		4	<b>Witness</b> March 21, 2022	<b>Spirit of the Gospel</b> <a href="#">Lk 16:1-9</a> <a href="#">Isa 14:24-32</a>	<b>Spreading the Gospel</b> <a href="#">Lk 9:57-62</a> <a href="#">Isa 25:1-12 &amp; 26:1-8</a>	<b>Peace of the Gospel</b> <a href="#">Mk 4:35-41</a> <a href="#">Isa 26:21 &amp; 27:1-9</a>	<b>Light of Gospel</b> <a href="#">Lk 18:35-43</a> <a href="#">Isa 28:14-22</a>	<b>Faith in the Gospel</b> <a href="#">Mt 15:21-31</a> <a href="#">Isa 29:13-23</a>	<b>Works and Fruits of the Gospel</b> <a href="#">Mt 21:33-46</a>	<b>The Samaritan woman</b> <a href="#">Jn. 4:1-42</a>		
II	The Fruits of our STRUGGLE	5	<b>Healing</b> March 28, 2022	<b>Submission in Faith</b> <a href="#">Lk 9:12-17</a> <a href="#">Isa 37:33-38 &amp; 38:1-6</a>	<b>Service in the Faith</b> <a href="#">Jn. 8:12-20</a> <a href="#">Isa 40:1-8</a>	<b>Hope in Faith</b> <a href="#">Lk 13:6-9</a> <a href="#">Isa 41:1-14</a>	<b>Freedom through Faith</b> <a href="#">Lk 13:10-17</a> <a href="#">Isa 42:5-16</a>	<b>Sentence of Faith</b> <a href="#">Jn. 8:21-27</a> <a href="#">Isa 43:1-9</a>	<b>Guidance by Faith</b> <a href="#">Mt 23:13-39</a>	<b>The paralyzed man</b> <a href="#">Jn. 5:1-18</a>		
		6	<b>Enlightenment</b> April 4, 2022	<b>Repentance and Baptism</b> <a href="#">Lk 13:1-5</a> <a href="#">Isa 43:10-28</a>	<b>Witnessing in Baptism</b> <a href="#">Lk 9:18-22</a> <a href="#">Isa 44:1-8</a>	<b>Judgment of Baptism</b> <a href="#">Lk 11:45-52</a> <a href="#">Isa 44:21-28</a>	<b>Life of Baptism</b> <a href="#">Jn. 6:47-71</a> <a href="#">Isa 45:1-10</a>	<b>Rebirth in Baptism</b> <a href="#">Jn. 3:1-13</a> <a href="#">Isa 45:11-17</a>	<b>Salvation of Baptism</b> <a href="#">Mk 10:46-52</a>	<b>Baptism Sunday</b> <a href="#">Jn. 9:1-41</a>		
		7	<b>Jesus’s reign Over my heart</b> April 11, 2022	<b>Savior’s Witnesses</b> <a href="#">Jn. 5:31-47</a> <a href="#">Isa 48:17-22 &amp; 49:1-4</a>	<b>Confessing The Savior</b> <a href="#">Jn. 12:36-43</a> <a href="#">Isa 49:6-10</a>	<b>Faith in the Savior</b> <a href="#">Jn. 6:35-45</a> <a href="#">Isa 58:1-11</a>	<b>Savior’s Resurrection</b> <a href="#">Mt 12:18-27</a> <a href="#">Isa 65:8-16</a>	<b>Savior’s Judgment</b> <a href="#">Lk 13:31-35</a> <a href="#">Isa 66:10-24</a>	<b>Savior’s Blessing</b> <a href="#">Jn. 11:1-45</a> <a href="#">Isa 40:9-31</a>	<a href="#">Mt 21:1-17</a> <a href="#">Mk 11:1-11</a> <a href="#">Lk 19:29-48</a> <a href="#">Jn. 12:12-19</a>		

Revised and edited by Mrs. Margo Rizk (1992) updated (2022) “St Mary Coptic Orthodox Church of Pittsburgh, PA”. Under the guidance of Dr. Nabil Baky Soliman. Reference “Knouz El Ne3ma” (Treasures of Grace) by [Archdeacon](#) Banoub Abido.