



**Great Lent Competition 2025**  
**Study on the Book “The Life of Repentance and Purity” by HH Pope Shenouda III**  
**Part Four**

Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_  
Date of Submission: \_\_\_\_\_

**First: Place a check (✓) for true or a cross (X) for false:**

1. The true repentant accuses only himself, bearing the shame of his sin on his own, and stands before God as a sinner without justifying himself. (.....)
2. We only repent of the sins we know and confess, and we don't need to repent of the sins from our past that we will come to know later and that God will reveal to us. (.....)
3. Sometimes God delays responding to our requests so that we may realize their value, because things obtained easily may be lost easily. (.....)
4. Ask Him for repentance as a good gift from Him, for He Himself promised this, and hold fast to His holy promise. Ask Him to grant you this repentance. (.....)
5. He who weeps over his sins does not easily return to them again because he has tasted the pain that sin brings to the heart and conscience. (.....)
6. The one who is wise in his own eyes sees his actions as signs of intelligence and good conduct, and it is not fitting for him to repent of intelligence and good conduct. (.....)
7. Publicly declaring good deeds before people to gain their praise is not considered hypocrisy but is taken as an example of good conduct. (.....)
8. We do not seek who is responsible for causing a stumbling block; rather, we seek salvation from it. (.....)
9. Even if you do not strive for the salvation of your soul, God, in His love, strives with His grace to save you. (.....)
10. God punishes with earthly punishment and overlooks much of it; amid hundreds of sins, He may punish only one. (.....)

**Second: Choose the correct answer or answers:**

Pope Shenouda gave us in this book general rules for repentance, including:

- a) Stay away from hardness of heart when grace works within you.
- b) Avoid the first step toward sin.
- c) Pay attention to confession and partaking of the Eucharist.
- d) Care about the love of God to drive out the love of sin from you.
- e) (a, b) only
- f) (c, d) only
- g) (b, c) only
- h) All of the above

**Third: Choose the correct answer:**

In the story of Saint Moses the Black, despite all this repentance and holiness, did God forget his earlier sins that deserved punishment?

- a) Yes
- b) No
- c) He died by the sword

**Fourth: Complete:**

“I forgive in My kingdom, but here, earthly punishment is carried out even on the prophets, such as \_\_\_\_\_ the Prophet and \_\_\_\_\_ the Prophet.”