



Great Lent Competition 2025
Study on the Book “The Life of Repentance and Purity” by HH Pope Shenouda III
Part Six

Name: _____ Phone Number: _____
Date of Submission: _____

First: Place a check (✓) for true or a cross (X) for false:

1. Do not let sin transform from superficial knowledge to deep understanding, nor let it turn from information to experience, acceptance, or struggle with it. (_____)
2. Purity is positive in its holiness, which is constant attachment to God in thought, deed, and heart. (_____)
3. Chastity is negative in its holiness, meaning staying away from impurity and sin, but it is not purity itself nor does it lead to it. (_____)
4. Be angry for the sake of God and His rights, or rise up to correct wrong situations for the sake of the commandment and true teaching. (_____)
5. After beginning repentance, he became preoccupied only with the sins of others, and thus lives constantly in an atmosphere filled with condemnation of others. (_____)
6. It is good to retain cunning in the life of repentance, as Jacob resorted to deceiving his father to receive the blessing. (_____)
7. One who purifies himself from all remnants of the old life can easily pave his way to God and does not relapse in his repentance. (_____)
8. The repentant does not know what the spirituality of worship is, how to walk in it, or that God rejects formal worship. (_____)
9. A person living a life of repentance, separated from sinners, does so with pride, arrogance, and haughtiness. (_____)
10. I stay away because I am easily influenced and quickly drawn in, so keeping distance is safer, and fleeing is more appropriate, not a matter of arrogance. (_____)

Second: Choose the correct answer(s):

1. As long as purity from knowledge of sin does not exist in this world, what should we do?
 - a) Train yourselves in a life of spiritual simplicity.
 - b) Let your eye be simple and radiant.
 - c) Do not mingle with sin, its ideas, or its stories.
 - d) Be patient with purity, no matter how long it takes to achieve.
 - e) (a, c) only
 - f) (b, d) only
 - g) All of the above

2. The first separation a person undertakes from evil is in baptism:

- a) Where he renounces Satan
- b) The old man is buried
- c) A new man is born in the image of God
- d) He lives separated from sin and sinners

(Pray for the team, and Happy Easter!)